

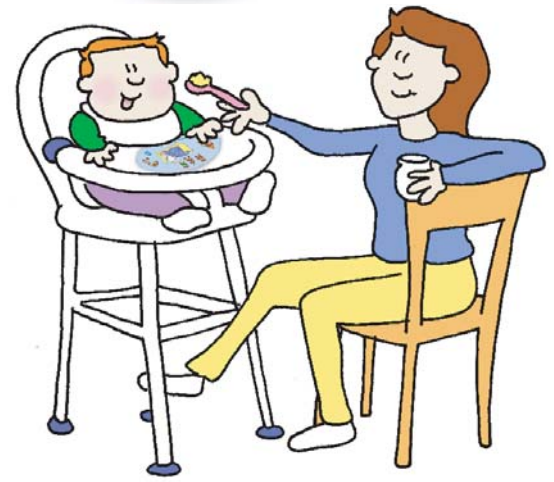
Meal Mats 1

by Dave Sindrey, M.Cl.Sc. LSLS Cert. AVT



Sometimes learning a word is all about getting that one extra chance to hear it. Your baby's time in the high chair is a nice time to connect. He is attentive and calm for most of the meal. Okay, he is for some meals? You are close, things are quiet. These mats are for extra chances for talking and singing between bites.

Print the two sheets at the end of this activity onto cardstock paper so they will be sturdy. Cut out each of the shapes. Use stick glue to attach the two sides back to back. Now you need to take the mat to a business supply store and have them laminate it for you. When you trim the edge MAKE SURE YOU DON'T cut into where the paper is - leave a quarter inch of plastic around the edge of the mat. Now water can't seep in and ruin your nice new placemat for the high chair.



MEAL MATS 1: SOUND ASSOCIATIONS

These mats have lots of objects that go with Learning to Listen sounds. These are great sounds to listen for and great sounds to say. Playing with these sounds will provide a great foundation for learning words and saying them later.

GAME: Try using small bits of cereal or raisins and give them to your child one at a time.

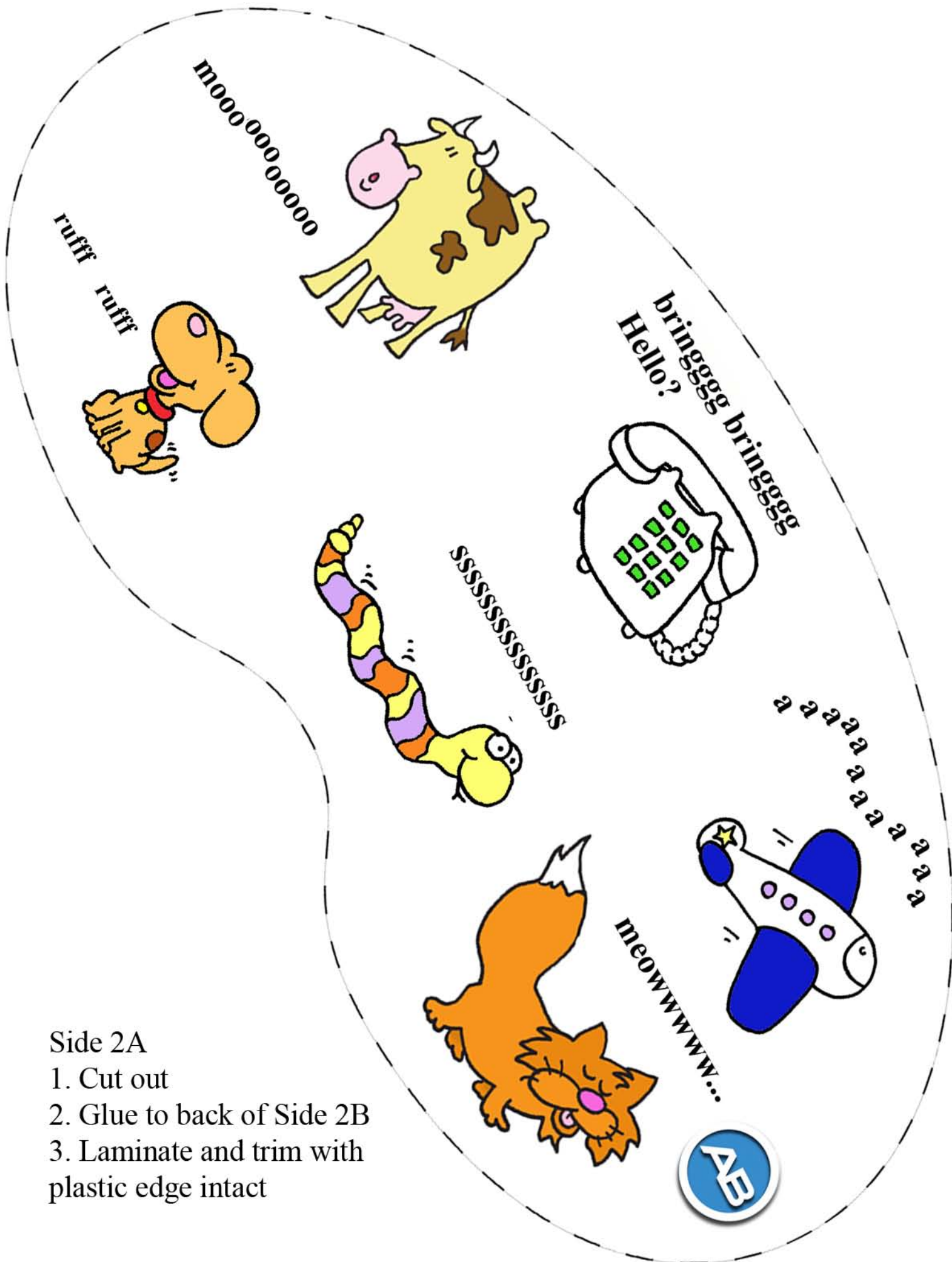
Ask "Do you want some more?"

and then take the food and slowly take it to the mat while saying one of the sounds.

Place the food on the object that matches the sound and then say it again as your child picks it up. Have Fun!



meal time: 6 months to 1 year

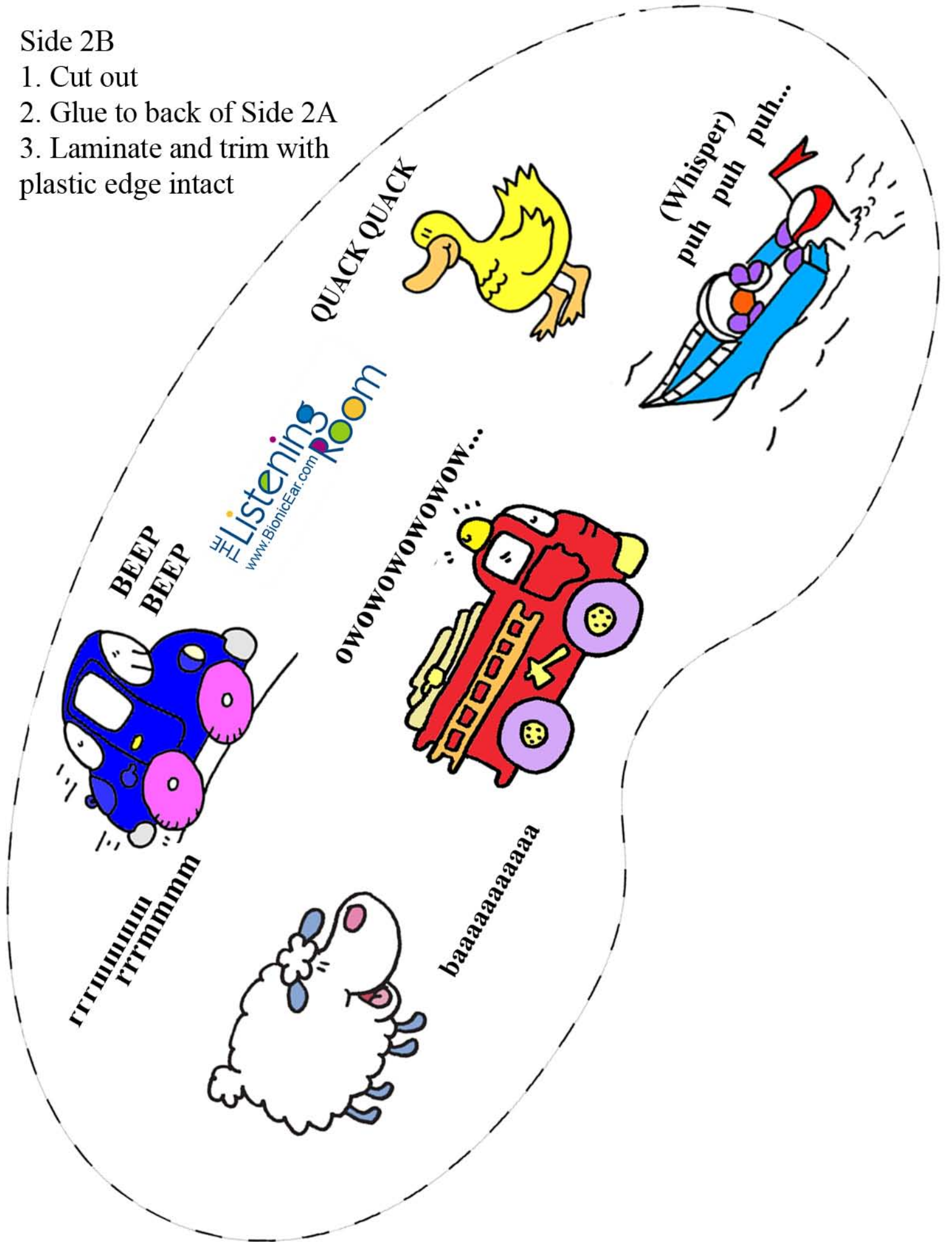


Side 2A

1. Cut out
2. Glue to back of Side 2B
3. Laminate and trim with plastic edge intact

Side 2B

1. Cut out
2. Glue to back of Side 2A
3. Laminate and trim with plastic edge intact



Meal Mats 2

by Dave Sindrey, M.Cl.Sc. LSLS Cert. AVT



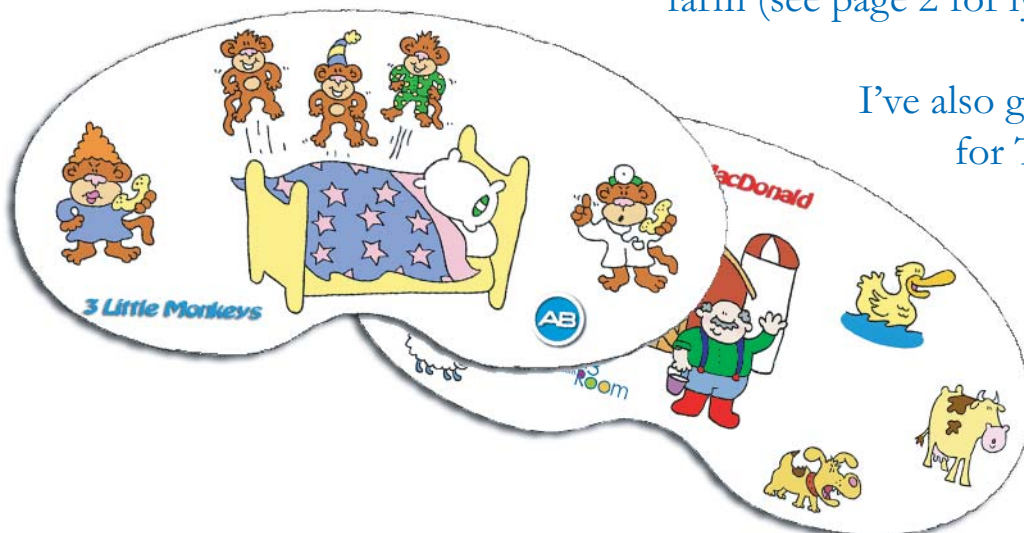
Wow! He's sitting still, he's happy he's focused! What a great time for a song! Favorite songs are great for babies for the repetition of rhythm, words and sentences. These high chair mats help provide an extra chance to break out in song.

Print the two sheets at the end of this activity onto cardstock paper so they will be sturdy. Cut out each of the shapes. Use stick glue to attach the two sides back to back. Now you need to take the mat to a business supply store and have them laminate it for you. When you trim the edge **MAKE SURE YOU DON'T** cut into where the paper is - leave a quarter inch of plastic around the edge of the mat. Now water can't seep in and ruin your nice new placemat for the high chair.



MEAL MATS 2: THREE LITTLE MONKEYS & OLD MACDONALD'S FARM

Here are two favorite songs for little ones. Most people know Old MacDonald's Farm, so I won't bother including the words here. You can also use this mat for Down On Grandpa's farm (see page 2 for lyrics).



I've also given you the words for Three Little Monkeys, in case it has been awhile since you heard it. Have Fun!

continued...

Down on Grandpa's Farm

Just in case you don't know "Down on Grandpa's Farm", here is a sample verse and with chorus. The children's singer Raffi performs this so you might find a taped recording of the song, but it's best if you learn and sing it along with your child. The song lyrics go like this...

Down on Grandpa's farm there is a little yellow duck(or big brown cow, etc.),
Down on Grandpa's farm there is a little yellow duck,
The duck, it make's a sound like this...QUACK QUACK,
The duck, it make's a sound like this...QUACK QUACK,

(Chorus)



Oh...We're on the way, we're on the way
On the way to Grandpa's farm,
We're on the way, we're on the way
On the way to Grandpa's farm.



Three Little Monkeys

Three little monkeys
Jumpin' on the bed
One fell off and
bumped his head!



So Momma called
the doctor and the
doctor said...
"No More Monkeys
Jumpin' On The Bed!"

Two little monkeys
Jumpin' on the bed
One fell off and
bumped his head!



So Momma called
the doctor and the
doctor said...
"No More Monkeys
Jumpin' On The Bed!"

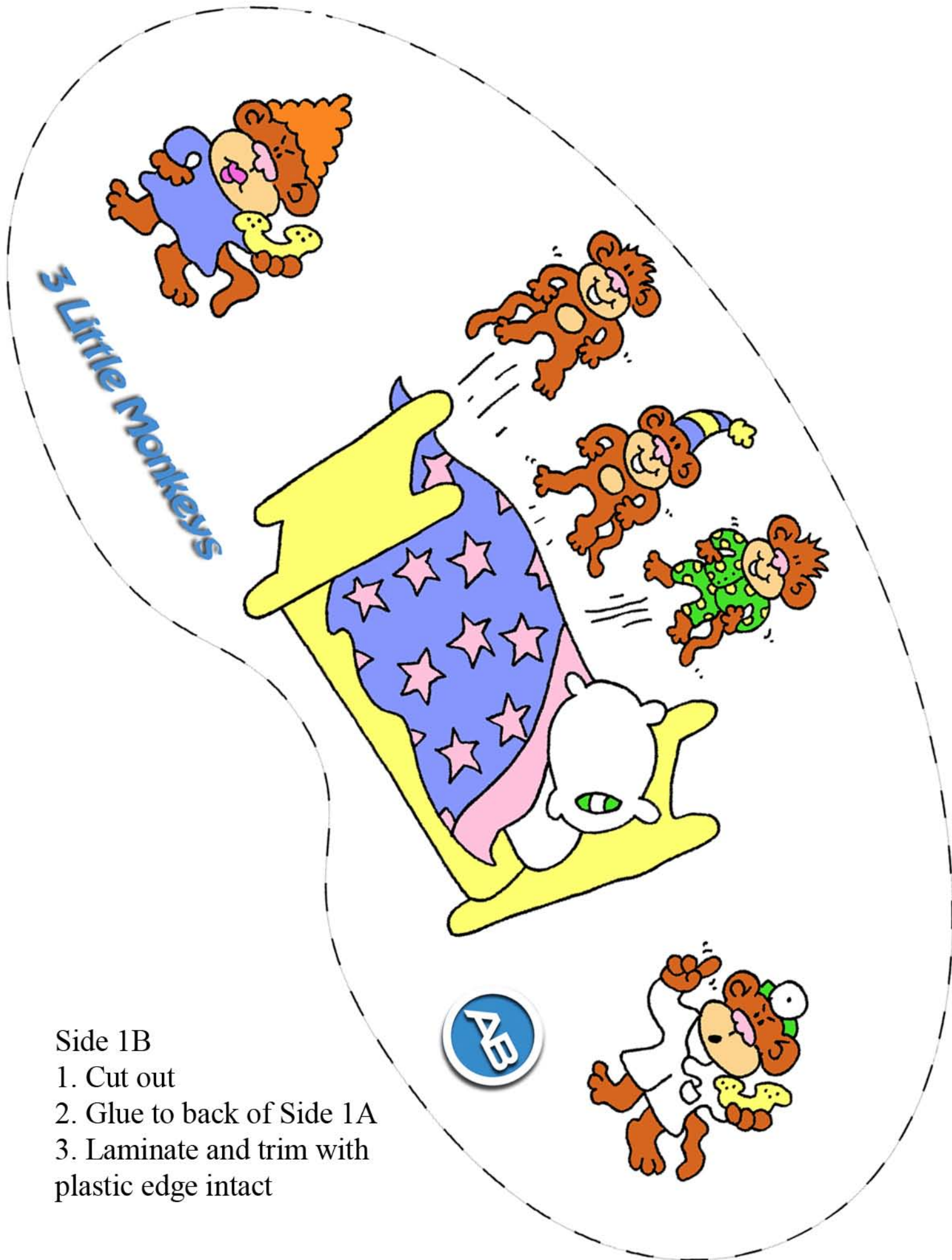


One little monkey
Jumpin' on the bed
He fell off and
bumped his head!



So Momma called
the doctor and the
doctor said...
"Put those monkeys
straight to bed!"



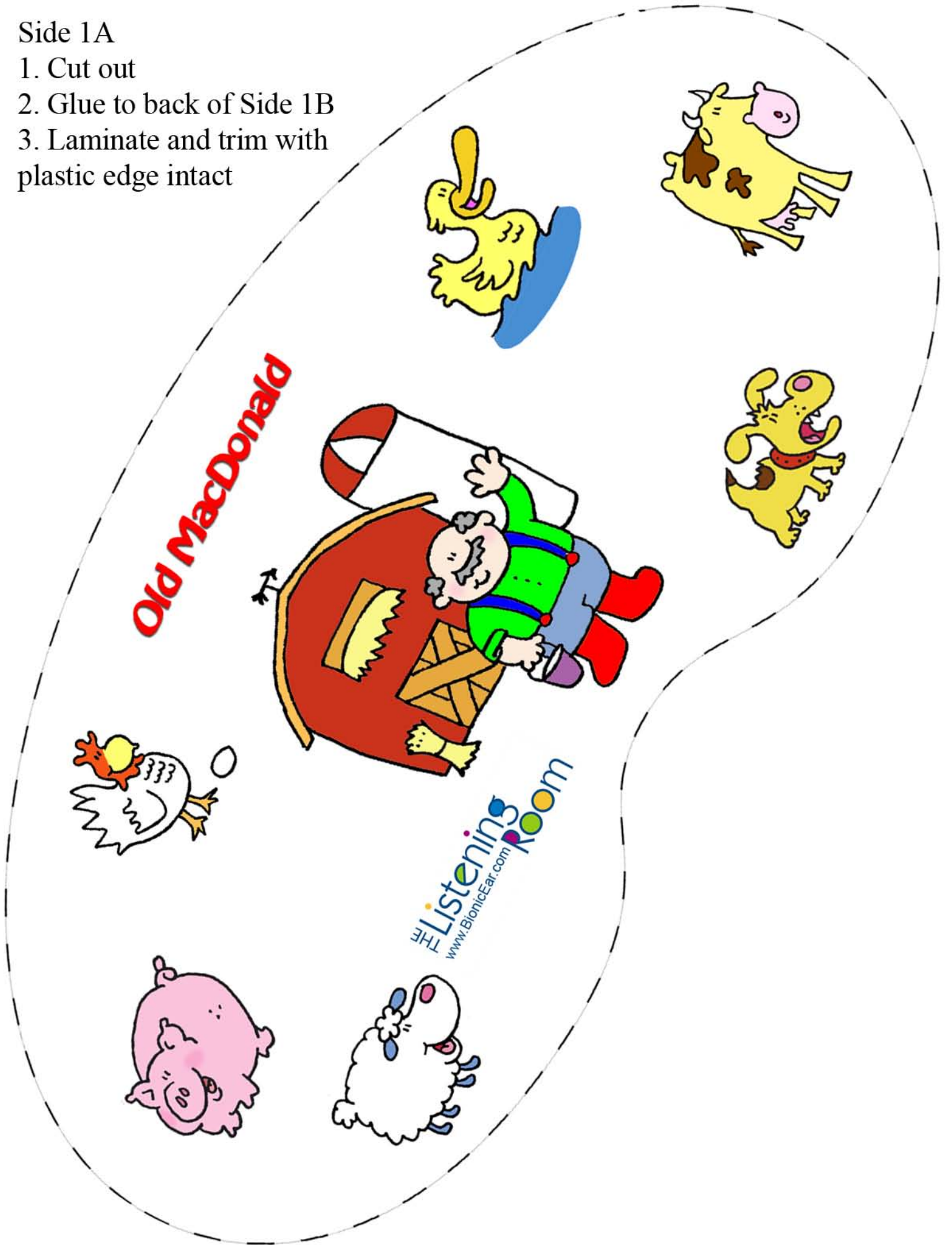


Side 1B

1. Cut out
2. Glue to back of Side 1A
3. Laminate and trim with plastic edge intact

Side 1A

1. Cut out
2. Glue to back of Side 1B
3. Laminate and trim with plastic edge intact



Meal Mats 3

by Dave Sindrey, M.Cl.Sc. LSLS Cert. AVT



Here's a nice time to sit and talk. A high chair puts your child up where he can hear you best. Nice and close. Let's make sure his hearing device is working as it should.

As a child approaches his second birthday he should begin training for what we call "conditioned play". It is a little game that most children are ready to learn by their second birthday. It's a game that lets us know that the baby is hearing well through his listening device. We teach him to hold something small like a toy or a treat and when we say a sound the toddler drops the toy into a bucket. The sounds we use to test hearing in this game are "ahh", "ooo", "mmm", "eee", "shhhh", and "sssss". If he hears all of these sounds and is able to tell which one is said, then we know that the child is hearing across the range of frequencies he needs to hear for the sounds of speech. So...this is a great game to teach. It helps us to make sure our child is hearing all day every day the way that he should be. Dead batteries or damaged devices are caught quickly.



The high chair placemat you can print and make with this activity has pictures to help you begin teaching the sounds for this game. See the next page for ways to use this panel with your child. The other side of the mat is great for teaching the song "Wheels on the Bus"

To make your Mat: Print the two sheets at the end of this activity onto cardstock paper so they will be sturdy. Cut out each of the shapes. Use stick glue to attach the two sides back to

back. Now you need to take the mat to a business supply store and have them laminate it for you.

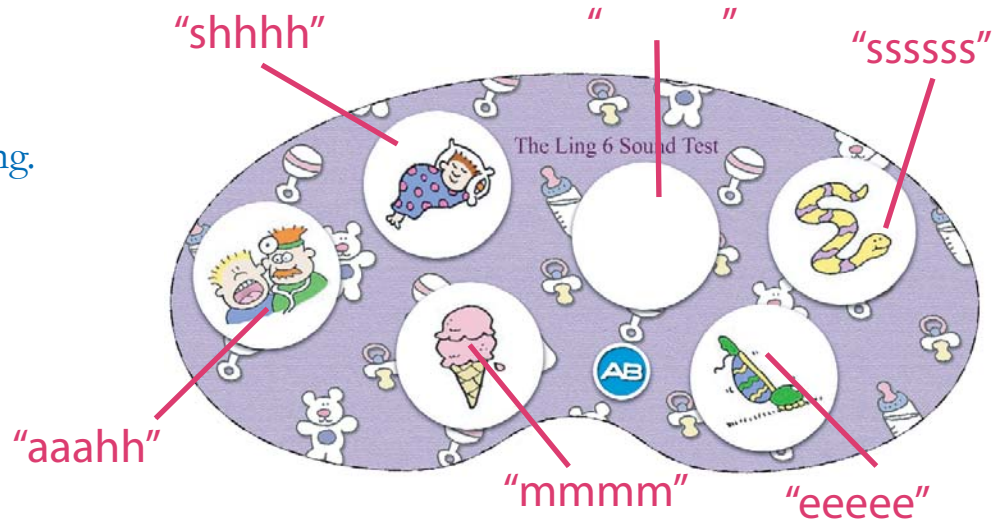
When you trim the edge **MAKE SURE YOU DON'T** cut into where the paper is - leave a quarter inch of plastic around the edge of the mat. Now water can't seep in and ruin your nice new placemat for the high chair. *continued... page 1*



meal time: 18 months and up

Ling 6 Sound Test

Your Teacher of the Deaf or your Speech-Language Pathologist can help you and your child learn the Ling 6 Sound Test.. This mat is just to introduce you and your child to the sounds that you will use. Its great practice for both of you. Use Cheerios or Froot Loop cereal pieces as a treat. Hold one up to your ear and make one of the Ling 6 Sounds. All the sounds should be made with flat intonation for the same length of time. Pause and then look surprised and happy. Say “I hear that! and place the cereal on the picture that matches your sound on the mat. Say the sound again and point to the picture as your toddler picks up the treat. Hold a treat to your ear and say nothing. Look confused and shrug. Say ”Nothing!”. Place the treat on the empty circle. Don’t do this for too long. Do do this often. Remember to always end the game while its still fun.



The Wheels on the Bux

The wheels on the bus go round and round,
Round and round, Round and Round,
The wheels on the bus go round and round,
All through the town

The Parents on the bus go “Shhh Shhh Shhh”
“Shhh Shhh Shhh, Shhh Shhh Shhh”

The Parents on the bus go “Shhh Shhh Shhh”
All through the town

The babies on the bus go “Wah Wah Waaah”,
“Wah Wah Waaah”, “Wah Wah Waaah”,
The babies on the bus go “Wah Wah Waaah”,
All through the town

The door on the bus goes open and shut,
Open and shut, open and shut,
The door on the bus goes open and shut,
All through the town

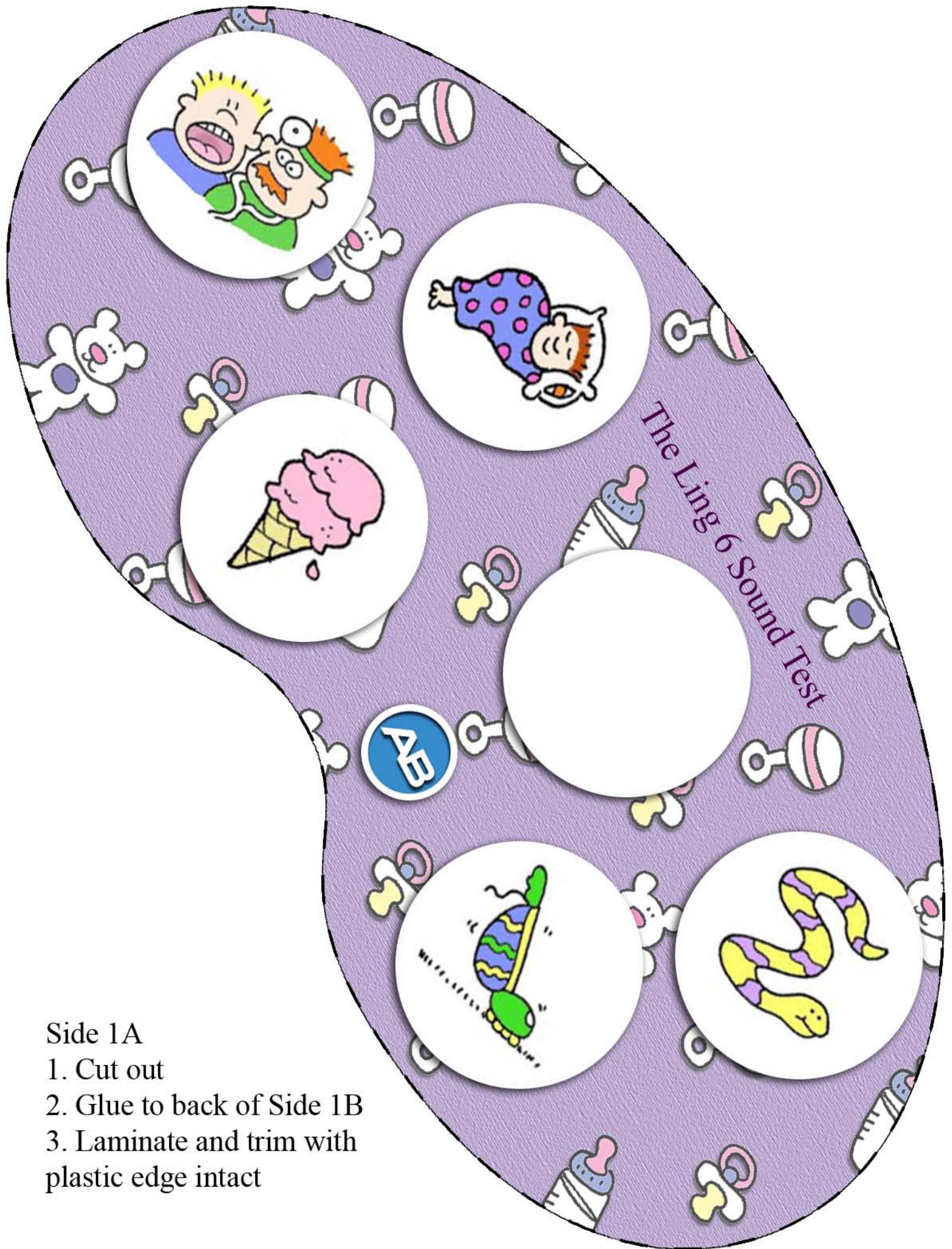
The Driver on the bus says “Move on back”,
“Move on back”, “Move on back”,
The Driver on the bus says “Move on back”,
All through the town

The horn on the bus goes “Beep Beep Beep”,
“Beep Beep Beep”, “Beep Beep Beep”,
The horn on the bus goes “Beep Beep Beep”,
All through the town

The wipers on the bus go “swish swish swish”,
“Swish swish swish”, “Swish swish swish”,
The wipers on the bus go “swish swish swish”,
All through the town

Concept & Illustration
by Dave Sindrey, M.Cl.Sc. Cert. AVT®
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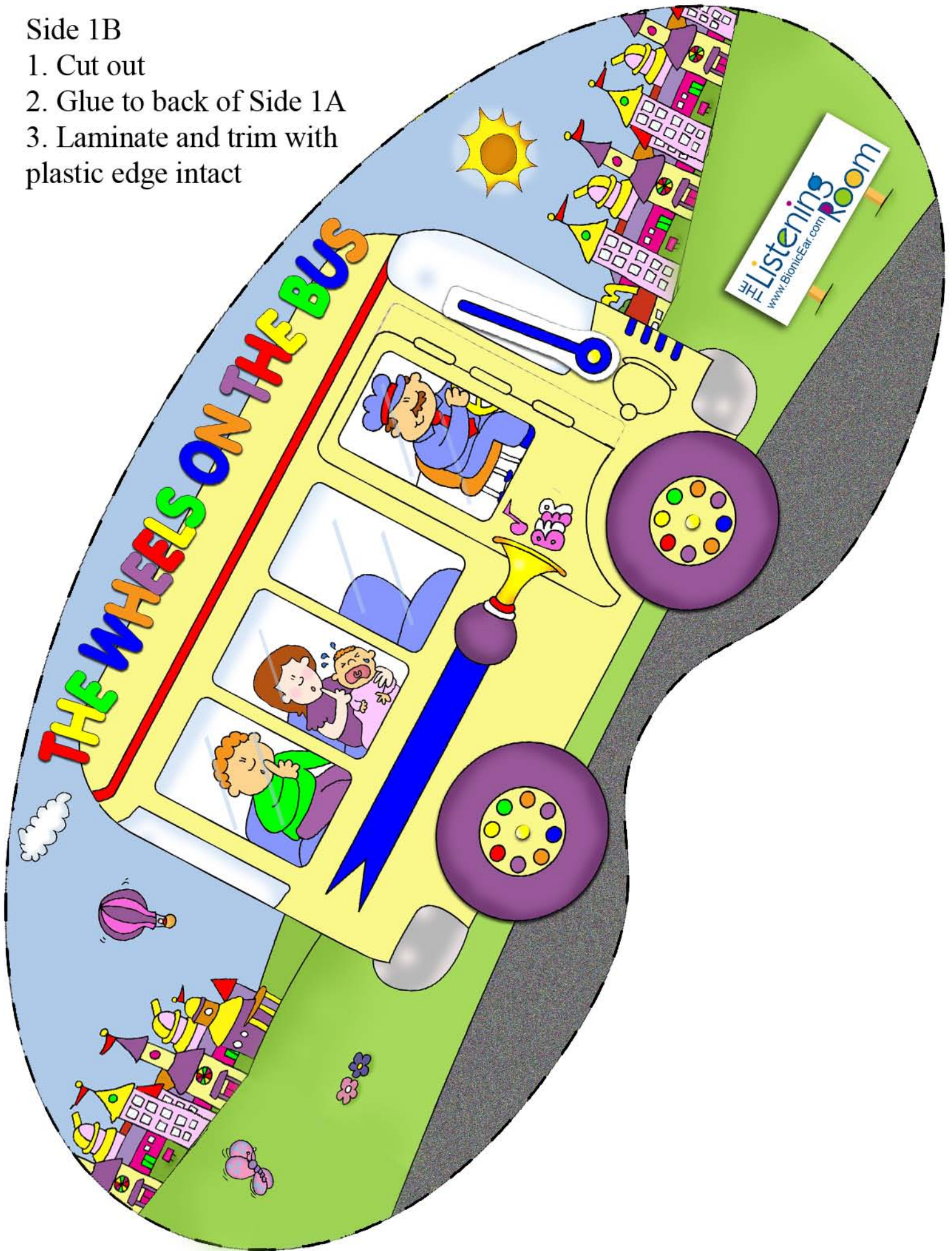


Side 1A

1. Cut out
2. Glue to back of Side 1B
3. Laminate and trim with plastic edge intact

Side 1B

1. Cut out
2. Glue to back of Side 1A
3. Laminate and trim with plastic edge intact



Meal Mats 4

by Dave Sindrey, M.Cl.Sc. LSLS Cert. AVT



Wow! He's sitting still, he's happy he's focused! What a great time for a song! Favorite songs are great for babies for the repetition of rhythm, words and sentences. These high chair mats help provide an extra chance to break out in song.

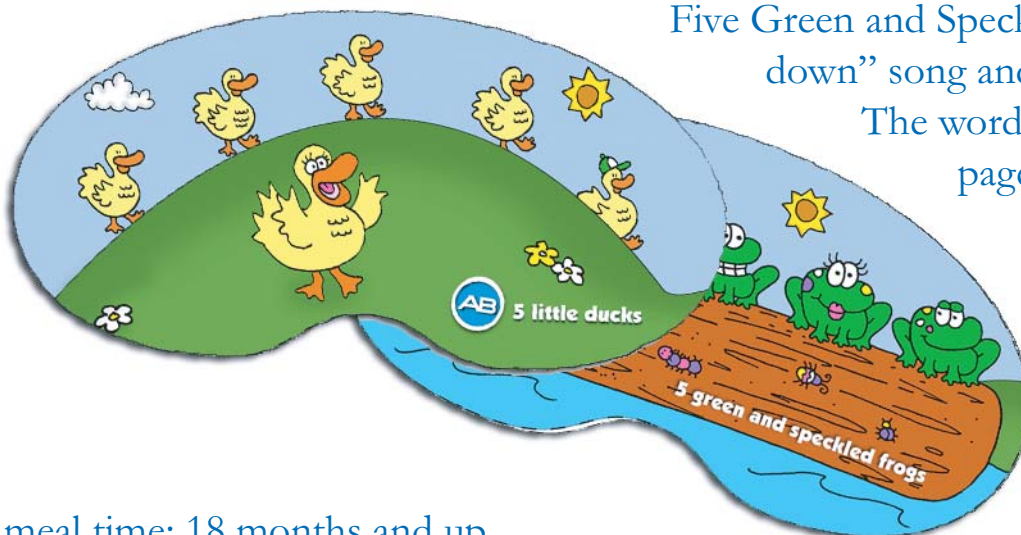
Print the two sheets at the end of this activity onto cardstock paper so they will be sturdy. Cut out each of the shapes. Use stick glue to attach the two sides back to back. Now you need to take the mat to a business supply store and have them laminate it for you. When you trim the edge **MAKE SURE YOU DON'T** cut into where the paper is - leave a quarter inch of plastic around the edge of the mat. Now water can't seep in and ruin your nice new placemat for the high chair.



MEAL MATS 4: FIVE LITTLE DUCKS & FIVE GREEN AND SPECKLED FROGS

Here are two favorite songs for over age two. The 5 ducks song is a great one to sing - you have a great chance to be animated and show off both your acting and singing skills (see page 2 for lyrics).

Five Green and Speckled Frogs is another "count down" song and a good intro to counting. The words for this one are on the next page. Remember to Have Fun!



continued...

Five Little Ducks

Make sure you sing very loudly at the end of the song so that all of the little ducks come back.

Five little ducks went out to play

over the hill and far away,

Mama Duck said “Quack Quack, come back!”

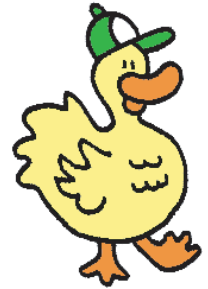
but only four little ducks came back (repeat for three ducks, two, one)

No little ducks went out to play

over the hill and far away,

Mama Duck said “QUACK QUACK, COME BACK!”

And all her five little ducks came back.



Five Green and Speckled Frogs

All of the frogs end up in the water.

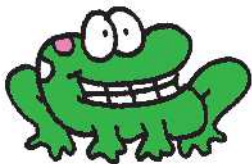
It's great we don't have to watch them eat bugs any more.

Five green and speckled frogs

Sat on a speckled log,

Eating the most delicious bugs,

YYYUUUUMMMM YUMMM!



One jumped into the pool

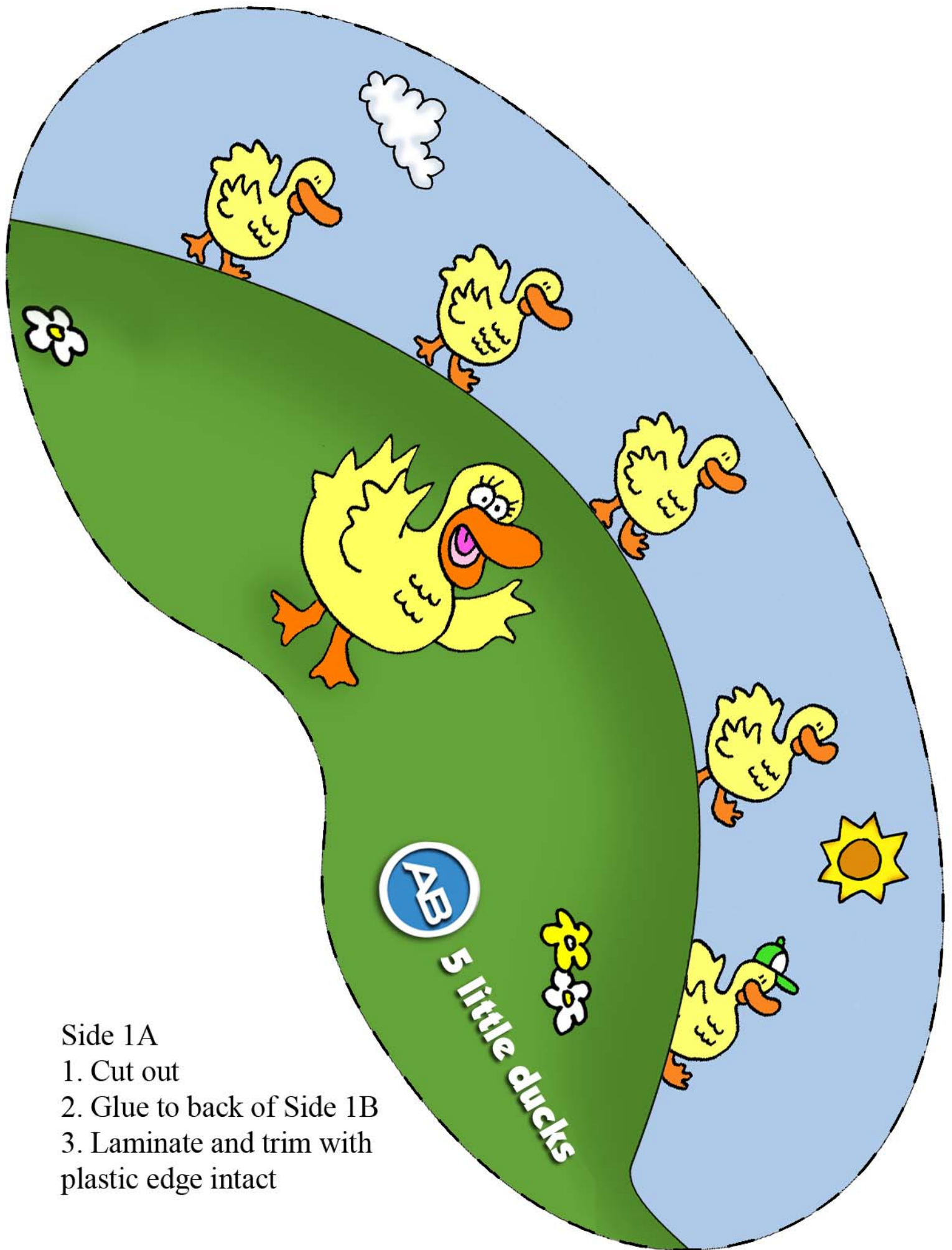
Where it was nice and cool

Then there were 4 green speckled frogs

GGGLUUUBBB GLUUUBBBB

(repeat in decending order)





Side 1A

1. Cut out
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3. Laminate and trim with plastic edge intact

Side 1B

1. Cut out
2. Glue to back of Side 1A
3. Laminate and trim with plastic edge intact

