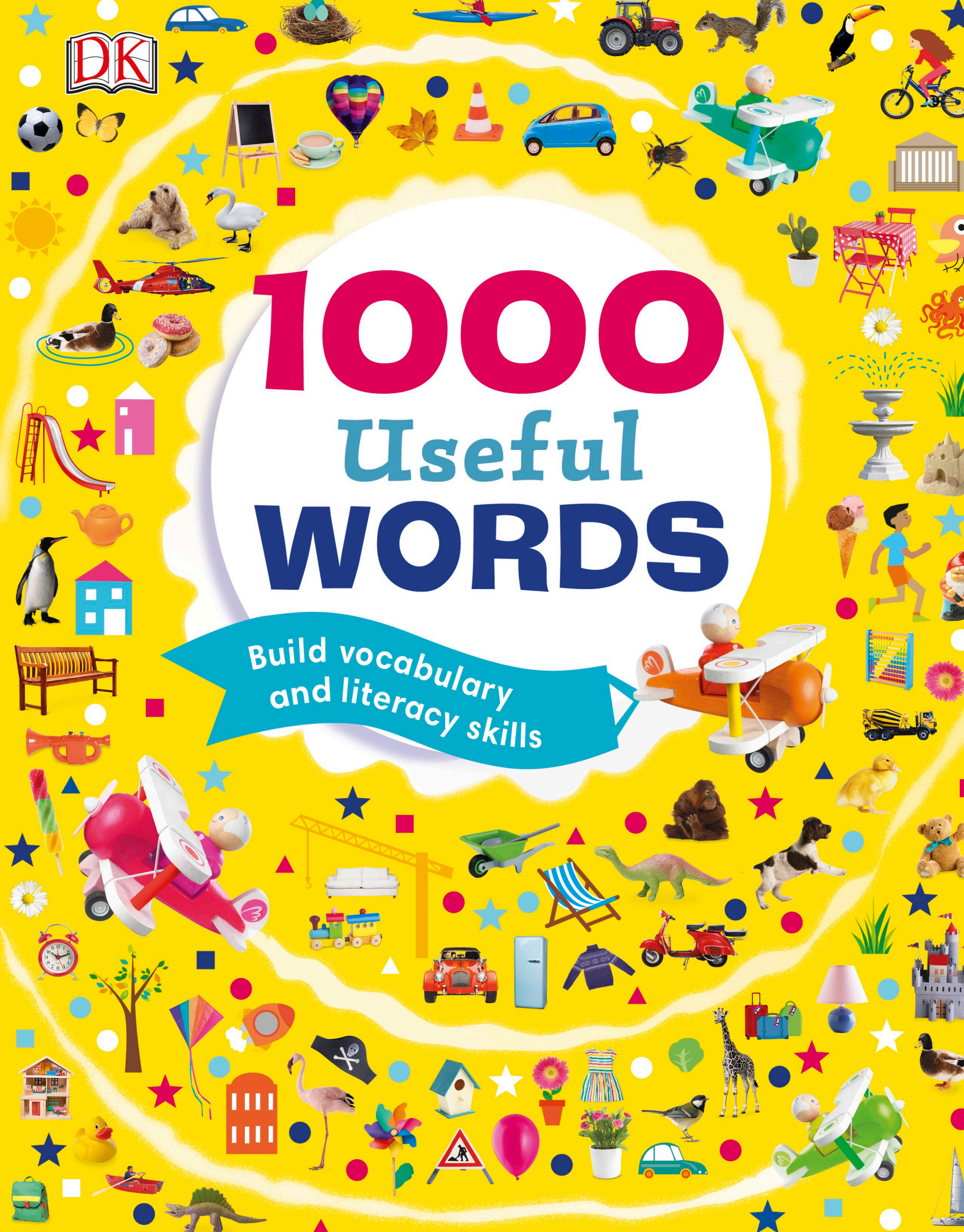




1000 Useful WORDS

Build vocabulary
and literacy skills



A note about high-frequency words

High-frequency words, or sight words, are words that occur most often in books and other writing. Many are not nouns, verbs, or adjectives, but they are useful words such as “the,” “and,” “it,” “I,” and so on.

When children begin to read at school, they learn high-frequency words because these words will help them make sense of a sentence. Since quite a few can’t be sounded out, children practice learning them by sight.

This book contains some high-frequency words, particularly in the question text and story pages. A list of Fry’s first 100 high-frequency words is below. The 100 words are in frequency order.

the	or	will	number
of	one	up	no
and	had	other	way
a	by	about	could
to	words	out	people
in	but	many	my
is	not	then	than
you	what	them	first
that	all	these	water
it	were	so	been
he	we	some	called
was	when	her	who
for	your	would	am
on	can	make	its
are	said	like	now
as	there	him	find
with	use	into	long
his	an	time	down
they	each	has	day
I	which	look	did
at	she	two	get
be	do	more	come
this	how	write	made
have	their	go	may
from	if	see	part

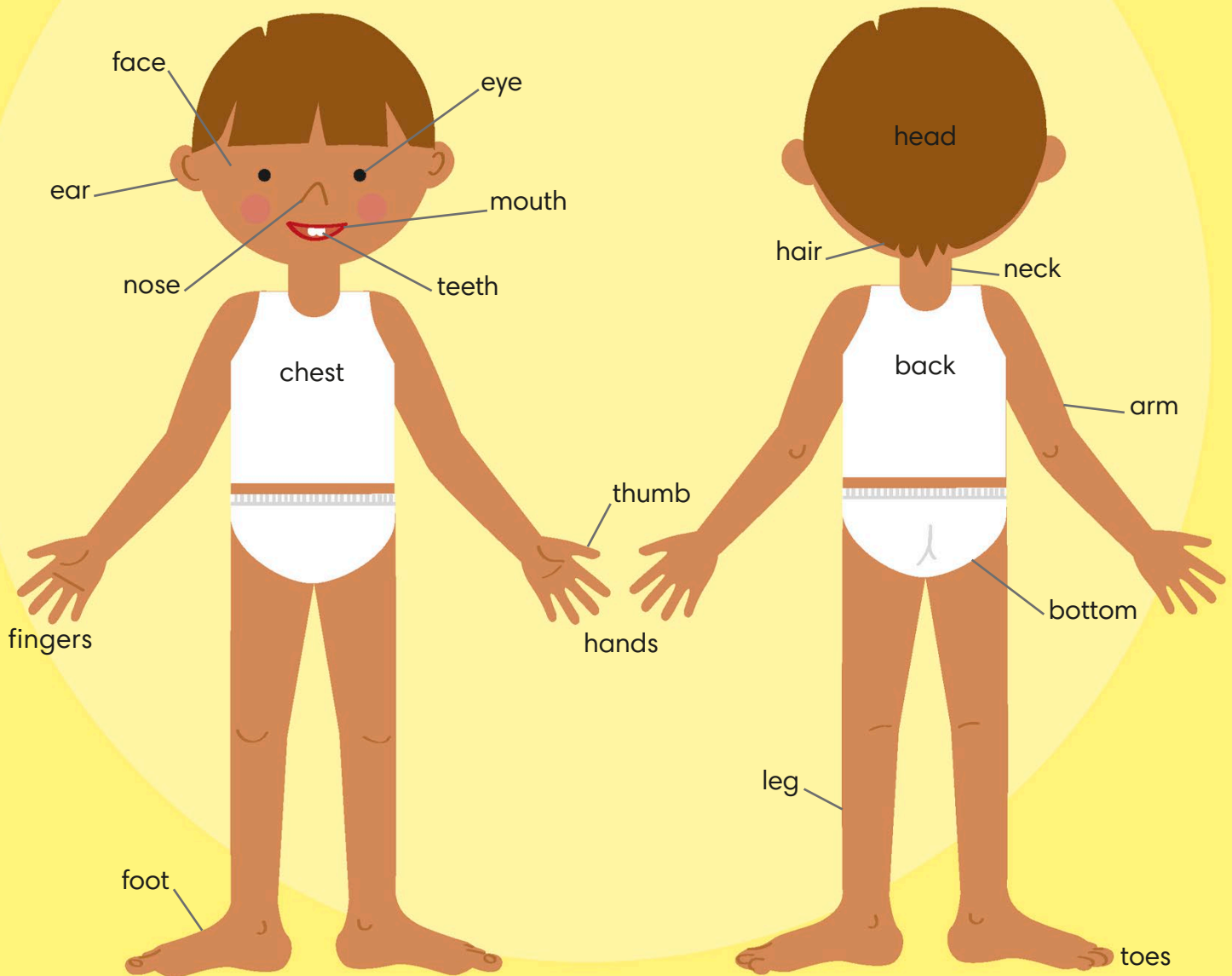
Contents

Me and my body	8
My family and friends	10
Things to wear	12
Food and drink	14
<i>Story: All in a day</i>	16
Around the house	18
Toys and playtime	20
In the kitchen	22
Favorite pets	24
<i>Story: Tink’s story</i>	25
In the yard	26
Describing people	28
In the country	30
In the city	32
<i>Story: Let’s play school</i>	34
Around the farm	36
Animals in the wild	38
River, lake, and sea animals	40
Full speed ahead!	42
<i>Story: Where will we go?</i>	44
Noisy words! Noisy animal words!	46
What people do	48
All sorts of places	50
Colors, shapes, and numbers	52
Time, seasons, and weather	54
Story time	56
<i>Story: Let’s make up a story</i>	58
Wonderful words!	60
Acknowledgments	61

Me and my body

What color are your **eyes**?

Is your **hair** long or short?



Taking care of myself



hairbrush



soap



shampoo



sunblock



toothbrush



tissues
(for blowing
my nose!)

Things I do

I can...



sit



stand



walk



talk



listen



laugh



jump



dance



roll



stretch



balance



bend



stomp



clap



wave

My senses



touching



seeing



hearing



tasting



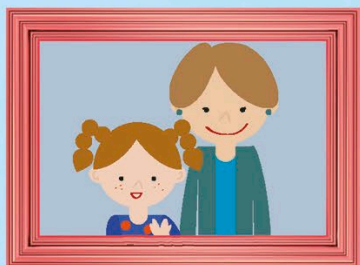
smelling

My family and friends

There are all kinds
of **families**...



I love my family.



I take care of
my little brother.

Grandparents

Parents

Cousins

Siblings

granny

grandmother

gran

nanny

nana

nan

grandma

mommy

mother

mama

ma

mom

pa

daddy

father

papa

pop

dad

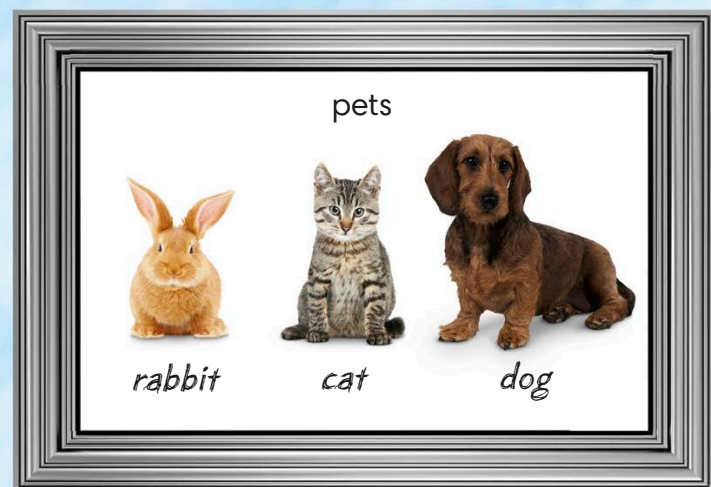
sister

child

brother

baby

Who is the **oldest** person in your family?



I love my friends.



Who is the **youngest**?

Things to wear



T-shirt



tank top



socks



tights



underpants



jeans



skirt



shorts



sweater



sun hat



watch



slippers



boots



gloves



woolen hat



scarf



sneakers



shoes



woolen hat



Look at all the things **hanging** on the **clotheslines**. Choose something to wear on a **cold** day and...



scarf



snowflake



button

jacket

fleece

umbrella

dress

pants

pajama top

swimming shorts

goggles

pajama bottoms

swimsuit

bag

necklace

purse

baseball cap

bicycle helmet

belt

buckle

backpack

zipper

dress-up clothes

sandals

hair bow

barrette

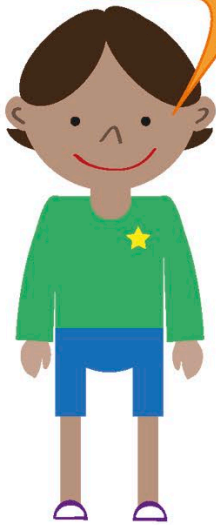
sunglasses

sun

something to wear
on a **hot** day.

Food and drink

What **vegetables** have you eaten today?



Vegetables



potatoes



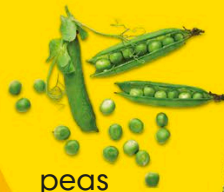
green beans



red pepper



onions



peas



broccoli



cauliflower



carrot



pumpkin



cabbage



tomato



cucumber



olives



lettuce



celery

Fruit



grapes



pineapple



banana



apple



lemon



strawberries



watermelon



orange



cookies



cupcakes



pastries



ice cream

Treats

Choose three of these foods to make a **salad**.





Choose one of these foods to make for **lunch**.



Find something healthy for your **snack box**.

